

## Health 8C

# COURSE SYLLABUS

2019 - 2020

Ms. Kyla Rae

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CLASSROOM:	129
CLASS TIME:	Day 2: Period 2 Day 3: Period 5
EMAIL ADDRESS:	<a href="mailto:krae@hpsd.ab.ca">krae@hpsd.ab.ca</a>
WEB PAGE:	<a href="http://prjh-krae.weebly.com">http://prjh-krae.weebly.com</a>

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### A. DESCRIPTION:

Over the course of the year, you will be taking part in a series of research based learning projects. These projects will allow you to gain understanding on making responsible and informed decisions to maintain health and promote safety for yourselves and others. Additionally, you will use resources effectively to manage and explore life roles and career opportunities and challenges.

### B. COURSE TOPICS:

- Life Learning Choices
  - Learning Strategies, Volunteerism
- Wellness Choices
  - Personal Health, Safety and Responsibility
- Relationship Choices
  - Understanding and Experiencing Feelings, Interactions, Group Roles and Processes

### TENTATIVE SCHEDULE

Date	Lesson
September - November	Life Learning Choices
December - February	Wellness Choices
March - May	Relationship Choices
June	Study Skills

C. REQUIRED SUPPLIES:

Please ensure that you bring the following materials to class every day.

- Pencil

D. CLASSROOM RULES OF CONDUCT

ARRIVAL: You are expected to arrive in class on time. Please enter the room quietly and find your seat. There will be some information on the board that will direct you until class begins.

DISMISSAL: The bell does not dismiss you. Please do not begin to pack any belongings until after you are dismissed by the teacher. Upon being dismissed, please quietly pack your belongings and quietly leave the classroom.

RESOURCES: Student resources are available to you should you need to use them. If you require any resources, please ask for the materials you need and they will be provided to you. **Do not** get the materials by yourself unless you have verbal consent from an adult in the room.

GROUP WORK: There will be opportunities for working within groups. During these times, please be sure that you remain on topic and are respectful to your fellow classmates. If it is found that work is not taking place during these times, opportunities for group work will not be given.

MISSED WORK: Please ask me for any of the assignments that you missed as a result of an absent. If you've previously lost your assignment, they can be accessed through my class website (QR Code is posted by the door) or Google Classroom. You are responsible for printing these documents and handing them in.

FOOD AND DRINKS: No food is allowed in the classroom. You will have an opportunity to eat snacks during your break of TAG time.

CELL PHONES: It is a school wide policy that all cell phones should be left in your **locker**. If you choose not to place them there, you will be placed in the **hanging organizer** at the front of the room.

If you are seen using your cell phone when it should be in either of the above mentioned places, one of the adults in the room will ask you for your phone and it will be placed in the office for the remainder of the day.

Upon being asked, if you give up your phone right away it will be taken to the office. If you refuse to hand over your phone, you will be sent to the office and will lose phone privileges for the day.

#### E. EMERGENCY PROCEDURES

**FIRE DRILL:** Students will exit the room in single file and head to the Aquatic Center parking lot. If you are in the hallways when the alarm goes off, please exit the building with the hallway supervisor and rejoin your class outside. Please line up right-left in alphabetical order behind Ms. Rae. You may only return to the building once you have been given clearance to do so. In the event that an alarm goes off during a break, exit the building near the nearest exit and proceed to the Aquatic Center as normal. Line up behind the teacher of the class you **JUST** had.

**LOCK DOWN:** All students need to enter the nearest classroom. All cellphones must be turned off and handed into the teacher. There must be no talking, whispering, etc. for the duration of the lockdown. We will all gather in the front left corner of the room near the storage cupboard. No one will be permitted to leave or enter the room.

**CLEAR THE HALLS:** If you are in the halls, enter the nearest classroom. You will remain in the classroom until given notice to do otherwise.